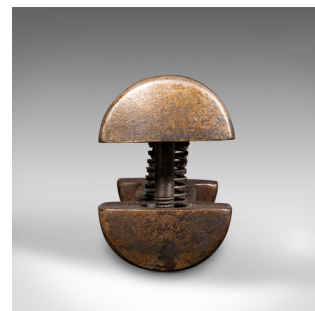


Pair Of Antique Sprung Dumbbells, Wrist Trainers, Exercise, Sandow, Victorian



**DESCRIPTION**

Our Stock # 18.8936

This is a pair of antique sprung dumbbells. An American, steel wrist training exercise aid by Eugen Sandow, dating to the late Victorian period, circa 1900.

Eugen Sandow (1867 - 1925) was a famous bodybuilder of the late Victorian period, who created exercise programmes and equipment. A pioneer of muscle display performances, he has been dubbed by some as 'The Father of Modern Bodybuilding.'

- Fascinating Victorian exercise equipment
- Displays a desirable aged patina and use commensurate with age
- Weathered steel and leather present well
- Sprung for wrist exercise, the dumbbells weigh in at approximately 3 lb (1.34kg)
- Engraved maker's mark for Sandow Patent to both dumbbells

This is a wonderful and rare pair of antique sprung dumbbells, associated with one of the modern era's most famous bodybuilders. Great patination and as useful today as in the Victorian period. Delivered polished and ready to enjoy.

Search [London Fine for #18.8936](#) , or scan the QR code for more photos and details

**DIMENSIONS**

- Max Width: 5.5cm (2.25")
- Max Depth: 8cm (3.25")
- Max Height: 17cm (6.75")

